

# FRED AMA

**\*Visual Artist\***



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For several years now, I've felt a deep concern: What kind of painting will emerge? Or, what kind of images could be constructed to expand the boundaries of visibility? In these paragraphs, I'll give you (conceptually and in images) my first answer.

Desde hace varios años, siento una profunda inquietud: ¿Qué tipo de pintura surgirá? o ¿Qué tipo de imágenes podrían construirse para expandir los límites de la visibilidad? En estos párrafos, les daré (conceptualmente y también en imágenes) mi primera respuesta.



In this file I show you several works, they fall into the category of **Neo-figuration**. That is to say, they have some aspects in common with the artistic movement of the second half of the 20th century that was characterized by a return to figurative painting, or the use of the human figure as the protagonist, but with a personal tone or product of subjectivity.

En este archivo les muestro varias obras, que entran en la categoría de **Neo-figuración**. Es decir, tienen algunos aspectos en común con el movimiento artístico de la segunda mitad del siglo XX que se caracterizó por un retorno a la pintura figurativa, o el uso de la figura humana como protagonista, pero con un tono personal o producto de la subjetividad.

Artistic revolutions, especially major shifts—for example, the historic European avant-garde movements first, and the latter, especially Abstract Expressionism (developed in New York) have had an extraordinary impact and fascination on me. **I seek change; I want to participate in the construction of the future image.**

Las revoluciones artísticas, especialmente los grandes cambios —por ejemplo, las históricas vanguardias europeas primero, y las segundas, especialmente el Expresionismo Abstracto (desarrollado en Nueva York), han tenido un impacto y una fascinación extraordinarios en mí. **Busco el cambio; quiero participar en la construcción de la imagen que vendrá.**



## **MY TRILOGY: TEARS RAIN**

**The tears of the twin towers (Tears Rain 1, 2 and 3).**

On 09/11/2001 the twin towers (World Trade Center) in New York City USA were hit in an evil terrorist attack by two planes. On this day, many people suffered and this video is in their memory. However, sometime after, NYC returns to normal after the terrible terrorist attacks, it is clearly an example of the great resilience

## **Mi TRILOGIA: LLUVIA DE LAGRIMAS**

**Las lágrimas de las Torres Gemelas (Lluvia de Lágrimas 1, 2 y 3).**

El 11/09/2001, las Torres Gemelas (World Trade Center) de Nueva York, EE. UU., fueron alcanzadas por un ataque terrorista despiadado por dos aviones. Ese día, muchas personas sufrieron y este video está en su memoria. Sin embargo, tiempo después, Nueva York volvió a la normalidad tras los terribles ataques terroristas, lo que es un claro ejemplo de gran resiliencia.



## **Tears Rain: 1 out of 3**

**Title:** "Tears Rain 1".

**Technique:** Acrylic on Canvas.

**Dimensions:** 90 x 46 Centimeters.

**Author:** FRED AMA.

**Year:** 2022.

**This painting places us in NYC at the exact moment the second plane will crash at 9:03 am on 9/11.**

**Esta pintura nos sitúa en la ciudad de Nueva York en el momento exacto en el que el segundo avión se estrellará a las 9:03 am del 11 de septiembre.**



## Tears Rain: 2 out of 3

**Title:** "Tears Rain 2".

**Technique:** Acrylic on Canvas.

**Dimensions:** 90 x 46 Centimeters.

**Author:** FRED AMA.

**Year:** 2023.

This painting shows us the fall of the first tower and its dramatic consequences for the people of New York, America and the World.

Esta pintura nos muestra la caída de la primera torre y sus dramáticas consecuencias para la gente de Nueva York, América y el mundo.





## **Tears Rain: 3 out of 3**

**Title:** "Tears Rain 3".

**Technique:** Acrylic on Canvas.

**Dimensions:** 90 x 46 Centimeters.

**Author:** FRED AMA.

**Year:** 2023.

**Have you ever behaved deeply resilient? NYC returns to normal after the terrible terrorist attacks, it is clearly an example of resilience.**

**¿Alguna vez has demostrado resiliencia? La ciudad de Nueva York vuelve a la normalidad tras los terribles atentados terroristas; es un claro ejemplo de resiliencia.**



## **Entropy: A brief history of the Universe**

**Title:** "Entropy: A brief history of the Universe".

**Technique:** Acrylic on Canvas.

**Dimensions:** 78 x 21 Centimeters.

**Author:** FRED AMA.

**Year:** 2023.

In this small painting, we can observe the dissipation of energy, from before the Big Bang to what will be the Big Freeze or Big Chill, passing through the infinite ways in which matter can be ordered.

## **Entropía: Una breve historia del Universo**

En esta pequeña pintura podemos observar la disipación de energía, desde antes del Big Bang hasta lo que será el Big Freeze o Gran Enfriamiento, pasando por las infinitas formas en que se puede ordenar la materia.





## **The Horizon Line in My Mother's Garden**

**Title:** "The horizon line in my mother's garden".

**Technique:** Acrylic on Canvas.

**Dimensions:** 115 x 32 Centimeters.

**Author:** FRED AMA.

**Year:** 2022.

**With a little imagination we can square the circle!**

## **La línea del horizonte en el jardín de mi madre**

**¡Con un poco de imaginación podemos cuadrar el círculo!**





## Katrina

**Title:** "Katrina".

**Technique:** Acrylic on Canvas.

**Dimensions:** 43 x 76 Centimeters.

**Author:** FRED AMA.

**Year:** 2022.

Do you remember this event? ... The hurricane of 2005...With this painting I want to show that a heartbreaking event can inspire a creation. **Life demands resilience!**

¿Recuerdas este evento? ... El huracán de 2005... Con esta pintura quiero demostrar que un evento desgarrador puede inspirar una creación. ¡La vida exige resiliencia!



## Modern Cave Art

**Title:** "Modern cave art".  
**Technique:** Acrylic on Canvas.  
**Dimensions:** 76 x 43 Centimeters.  
**Author:** FRED AMA.  
**Year:** 2021.

This image is an update of the prehistoric rock art.

## Arte Rupestre Moderno

Esta imagen es una actualización del arte rupestre prehistórico.





## **My father's feet**

**Title:** "My father`s feet".

**Technique:** Acrylic on Canvas.

**Dimensions:** 153 x 53 Centimeters.

**Author:** FRED AMA.

**Year:** 2020.

My father's feet: a painting about COVID 19. In shades of gray (and its extremes) I created this painting in 2020 remembering so many deaths and suffering.

## **Los pies de mi padre**

Los pies de mi padre: una pintura sobre la COVID-19. En tonos de gris (y sus extremos), creé esta pintura en 2020, recordando tantas muertes y sufrimiento.





## **Live Artistically**

**Title:** "Live artistically".

**Technique:** Acrylic on Canvas.

**Dimensions:** 76 x 44 Centimeters.

**Author:** FRED AMA.

**Year:** 2019.

**Living artistically is mandatory!**

## **Vive Artísticamente**

**¡Vivir artísticamente es obligatorio!**

**"The devil is a gentleman" (El diablo es un caballero) Shakespeare**



## Welcome

**Title:** "Welcome".

**Technique:** Acrylic on Canvas.

**Dimensions:** 45 x 65 Centimeters.

**Author:** FRED AMA.

**Year:** 2018.

I finished this acrylic painting in 2018, which depicts augmented reality within an image. I wanted to imply that the traditional image was in danger. Today I have qualified my opinion of that time.

Terminé esta pintura acrílica en 2018, que representa la realidad aumentada dentro de una imagen. Quería dar a entender que la imagen tradicional estaba en peligro. Hoy he matizado mi opinión sobre aquella época.



## **Man with pipe**

In 2015, when I was studying art, I made my first decent watercolor (several teachers and students thought it was interesting), but at the same time, I had, have, and will always have an inner urge to experiment and try to build some kind of style I could call my own.

## **Hombre con pipa**

En 2015, cuando estudiaba arte, hice mi primera acuarela decente (varios profesores y alumnos la consideraron interesante), pero al mismo tiempo, tenía, tengo y siempre tendré un impulso interior de experimentar e intentar construir algún tipo de estilo que pudiera llamar mío.





## **Fragile: Handle with care**

**Title:** "Fragile: Handle with care".

**Technique:** Acrylic on Canvas.

**Dimensions:** 41 x 77

Centimeters.

**Author:** FRED AMA.

**Year:** 2024.

Fragile: That was my state of mind the first time my heart was broken.

## **Frágil: Manipular con cuidado**

Frágil: Ese era mi estado de ánimo la primera vez que me rompieron el corazón.

# Some Final Thoughts

## **Some Associations:**

- The crisis of the author, each one carries so many influences that a work-idea is not the product of one creator, but of many, it has its earliest roots in Anaxagoras, who proclaimed the idea of mixture.
- **The obsession of impressionist painters with capturing the moment reminds me of the flow we find in Heraclitus.**
- I find, in art and more specifically in painting, a better model for pre-Socratic atomism than the alphabet; think, for example, of Pollock as an illustration of meaningless atomic order, far superior to using rtyhgfcvbhjmn.

**Fred AMA**

## What is my creative methodology in Art?

\*\*\**Go stumbling*\*\*\*

I'm **not** systematic, I feel comfortable in ambiguity and disorder, I go and come back...

Did I already say that I wasn't systematic?...

I come back, I advance, I fall, I rest, I go to another topic and it comes back again.

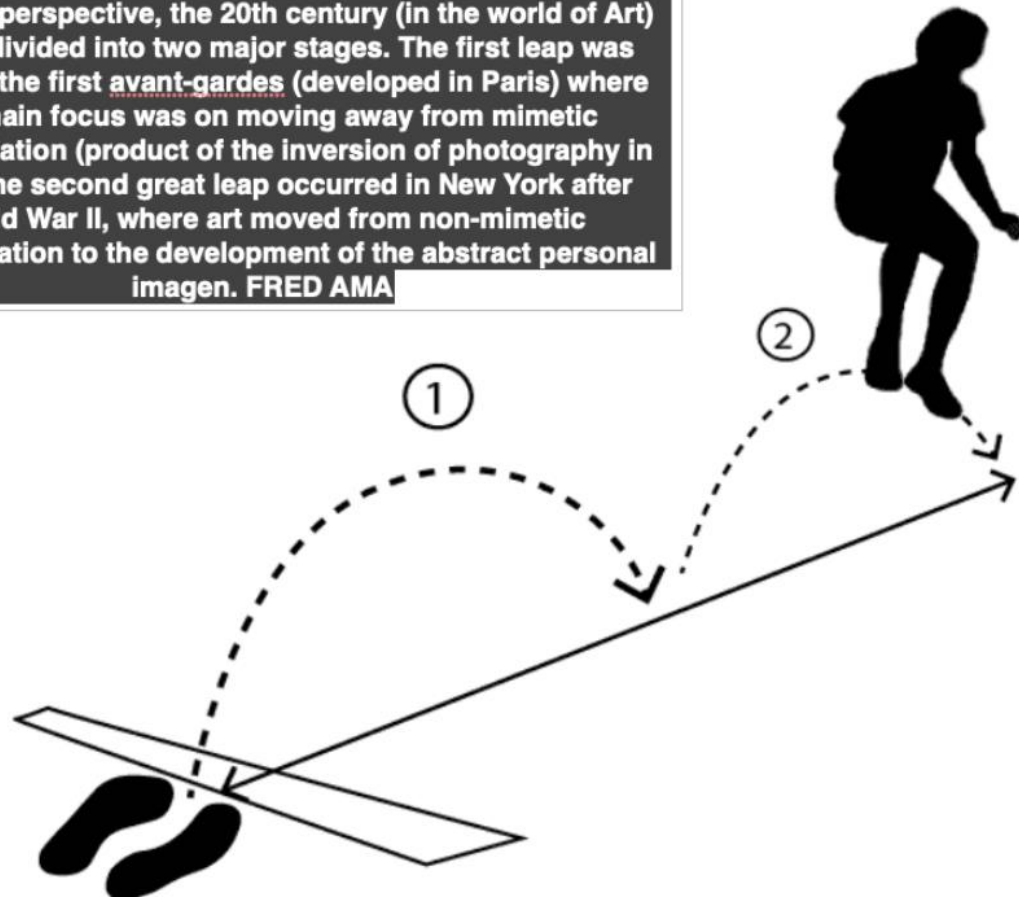
**Fred AMA**

Art, in a nutshell:

1. Mimetic representation
2. Non-mimetic figuration.
3. Personal abstract images



From my perspective, the 20th century (in the world of Art) can be divided into two major stages. The first leap was made by the first avant-gardes (developed in Paris) where the main focus was on moving away from mimetic representation (product of the inversion of photography in 1836). The second great leap occurred in New York after World War II, where art moved from non-mimetic representation to the development of the abstract personal imagen. FRED AMA



The value of an image is clearly multi-causal, however, the **first visual impact** is -by far- the most significant, it is the one that will remain engraved in the observer's memory. Now, what elements make up the first visual impact? At least for me, it is a mix between composition, use of color and meaning, they are -so to speak- like the vertices of the triangle within which there is value of the image.

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## Considerations on some creative lines in Art:

- Visual representation of logical relationships, **texts** and chemical, physical and mathematical equations.
- As for the interaction of color, it must be constant and active, therefore, large areas should not exist without **causing effects** or **be affected** by different shapes, shades, values and saturations. *Here we must mix neutrality, weak and strong interaction with the near and far of reciprocal action.*
- There is also a terrain with variation in frames and fabrics.
- **Visual knowledge** is traditionally described as superficial and one-sided. Regarding the latter, Cubism offered a series of answers. In the first aspect there is a task to be done.
- Create, after having imagined, refusing to go in search of the random result. Have an instinct or mental visual sketch.
- To reflect visual complexity, you must first have added multiple shapes (blunt, sharp, linear, and curved) and various interactions in the color mix.

Fred AMA.

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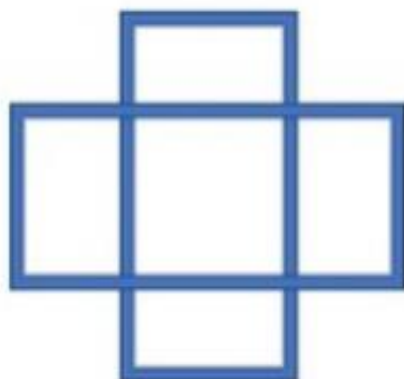
**Fred AMA**



Although I know the distinction between Art and Science, I think that art can have a method, at least in painting and drawing. I propose the following steps:

1. Make a base diagram or initial sketch.
2. Experiment with the focus or the center of the image.
3. Make variations or changes in the accessory

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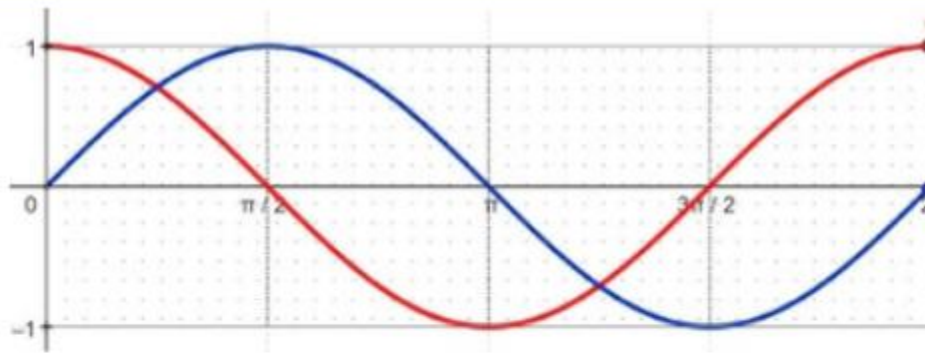


### Why do images tend to be presented in rectangular format?

1. Quickly reviewing the history of painting, drawing, photography, etc. We can easily realize that, by far, there is an inclination to offer what is represented in a rectangular format.
2. As is known, when the usual shape of the portrait is a rectangle that is taller than it is wide, when the sides coincide we have the particular entity of the square (unstable balance) which is a less frequent format for images in Art. and When the rectangle is wider than it is high, it is the common way to present landscapes.
3. These different rectangles are not natural, as they are shapes that require more energy. Therefore, organic or naturalistic representation does not require them, leaning towards irregular, circular and other limits that are more economical.
4. Now, setting parallel limits to the images shows a mental need (typical of human beings) to impose an order –always artificial– on the surrounding chaos. The sight-brain eagerly searches for the horizon line, as it requires establishing where it is up and where it is down to survive. This line is even explicit in various works.
5. Then, once the horizontal is established, the mind projects several verticals, which is key to being able to stand up, with walking and running, with each step we lose the vertical, that is, we become unbalanced and balance again. Finally, we imagine more horizontals parallel to the horizon line, since sensory perception is always partial, limiting (in this way) what is inside and outside.



Fred AMA



**Simultaneous images:** like sound waves, a painting can be composed of more than one image, this is similar to the result of an orchestra with its nuances of colors, shapes, saturation, composition and luminosity. But what is proposed here are two (or more) orchestras at the same time, that is, two or more different images in the same painting... **that is one of my challenges!**

**FRED AMA**





Fred Ama

Just now · 🌐

...

On August 26, 2023, I wrote this post. Today I'm adding a THIRD moon, that of thermochromic colors or paints.



Fred Ama

26 de agosto de 2023 · 🌐

...

What do I think of the colors? #nyc #ny #art #paintings #modernart #modernpaintings #acrylic #painters #usa #eeuu #america #us #acrylic #impressionist #painting #moma #messi #impact #instagram



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What I think of colors, for me, the shades, values, and saturations form a system with a planet (traditional representation) and two moons (one for metallic colors and the other for fluorescent tones).



Fred Ama

Just now · 🌐

...

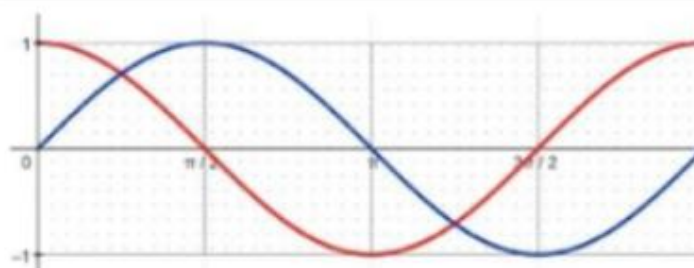
On January 6, 2025 I wrote this post, today (May 7, 2025) I apply this idea (two simultaneous images) to the style I have created, Suprapictorialism, where one image will appear in the painting and another will be born from the distortions and holes that reveal certain spaces in the wall.



Fred Ama

6 de enero · 🌐

...



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**M.Phil. & MBA**

## **Visual Artist**

Diploma: Drawing, Painting,  
Aesthetics, Art History,  
Philosophy and Theory of  
Visual Arts.

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